

NSHA SEPTEMBER 2021 MENU



NORTH SHORE
HEBREW ACADEMY

ישיבת חוף הצפון



Monday	Tuesday	Wednesday	Thursday	Friday
30 Schnitzel Orzo String Beans	31 Pizza Caesar Salad	1 Chicken Nuggets Rice String Beans Fresh Fruit	2 Baked Ziti Roasted Sweet Potatoes Fresh Fruit	3 No Sessions
6 Labor Day Erev Rosh Hashana No Sessions	7 Rosh Hashana No Sessions	8 Rosh Hashana No Sessions	9 **PIZZA ***** Caesar Salad	10 Bagels Tuna, Egg Salad, Cream Cheese, Cheese
13 Meatballs Pasta Mixed Vegetables	14 *****French Toast Stick ***** Syrup Yogurt Corn	15 Erev Yom Kippur No Sessions	16 Yom Kippur No Sessions	17 Bagels Tuna, Egg Salad, Cream Cheese, Cheese
20 Erev Sukkos No Sessions	21 Sukkos No Sessions	22 Sukkos	23 Fish sticks Mashed potatoes Peas and carrots	24 Bagels Tuna, Egg Salad, Cream Cheese, Cheese
27 Sukkos No Sessions	28 Sukkos No Sessions	29 Sukkos No Sessions	30 ***PIZZA **** Caesar Salad	

Available Daily

Bread Display

Assorted Seed Free Mini Bagels

Sliced whole wheat Bread

Sun Butter and Jelly Meat Days Only

Pasta with ketchup available daily

Salad Bar

May Include

Greens

Romaine, Mesclun, and Iceberg

Vegetables

Cucumbers, Tomatoes, Shredded Carrots, Assorted Peppers, Edamame, Cherry Tomatoes, Celery, Mushrooms, Roasted Sweet Potato, Roasted Zucchini, Roasted Squash, Roasted Mushrooms, Green Peas, Red Cabbage, Red Onion, Baby corn, Chick Peas, Black Beans, kidney Beans, Diced Beets, water Chestnuts, Pickles, Olives, Hearts of Palm,

Toppings

Croutons, Chinese Noodles, Craisins,

Tuna, Hard Boiled Eggs

Dressings

May Include

Italian, Creamy Italian,

Balsamic Vinaigrette,

French, Russian, Caesar,

Raspberry Vinaigrette, Olive

Oil, Lemon Juice

Whole Fruit(Seasonal)

Apples, Oranges, Bananas, Peaches, Plums