







WHAT'S FOR LUNCH? – October 2019

DAILY: Fresh salad bar, whole wheat bread, jelly, soy butter, seasonal fruit, cheese & yogurt (dairy days), low fat tuna (meat days). Please send only pareve snacks on meat days. We encourage students to try new foods and be diverse eaters.

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<p>Lisa Parker Director of Food Services (516) 487-8687 Ext. 129</p>	<p>10/1 NO SCHOOL</p> 	<p>10/2 PIZZA Early Dismissal – OM Only</p>	<p>10/3 LASAGNA & VEGGIES</p>	<p>10/4 BROWN BAG LUNCH</p>
<p>10/7 MAC N CHEESE MONDAY</p>	<p>10/8 NO SCHOOL</p>	<p>10/9 NO SCHOOL</p> 	<p>10/10 BAGELS, TUNA, CHEESE & EGGS</p>	<p>10/11 BROWN BAG LUNCH</p>
<p>10/14 NO SCHOOL</p>	<p>10/15 NO SCHOOL</p>	<p>10/16 PIZZA Sukkot Celebrations</p> 	<p>10/17 HAMBURGERS, HOT DOGS & CORN</p> 	<p>10/18 NO SCHOOL</p>
<p>10/21 NO SCHOOL</p>	<p>10/22 NO SCHOOL</p>	<p>10/23 PIZZA BIRTHDAY CELEBRATIONS!</p>	<p>10/24 FISH STICKS, RICE & VEGGIES</p>	<p>10/25 BROWN BAG LUNCH</p>
<p>10/28 BAGELS, TUNA, CHEESE & EGGS</p>	<p>10/29 MEATBALLS & BOWTIE PASTA</p>	<p>10/30 PIZZA</p>	<p>10/31 BAKED ZITI</p>	<p>Nicole Nassimi Old Mill Road Coordinator (516) 487-9163 Ext 229</p>