



## WHAT'S FOR LUNCH? – September 2019

DAILY: Fresh salad bar, whole wheat bread, jelly, soy butter, seasonal fruit, cheese & yogurt (dairy days), low fat tuna (meat days). Please send only pareve snacks on meat days. We encourage students to try new foods and be diverse eaters.

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<p>Lisa Parker Director of Food Services (516) 487-8687 Ext. 129</p>	<p>Nicole Nassimi Old Mill Road Coordinator (516) 487-9163 Ext 229</p>	<p>9/4  PIZZA</p>	<p>9/5  BAGELS, TUNA, CHEESE &amp; EGGS</p>	<p>9/6  BROWN BAG LUNCH</p>
<p>9/9  MAC N CHEESE MONDAY</p>	<p>9/10  MEATBALLS &amp; BOWTIE PASTA</p>	<p>9/11  PIZZA</p>	<p>9/12  VEGGIE NUGGETS, RICE &amp; VEGGIES</p>	<p>9/13  BROWN BAG LUNCH</p>
<p>9/16  BAKED ZITI</p>	<p>9/17  BBQ CHICKEN, RICE &amp; VEGGIES</p>	<p>9/18  PIZZA BIRTHDAY CELEBRATIONS!</p>	<p>9/19  LASAGNA &amp; VEGGIES</p>	<p>9/20  BROWN BAG LUNCH</p>
<p>9/23  BAGELS, TUNA, CHEESE &amp; EGGS</p>	<p>9/24  SCHNITZEL, POTATOES &amp; VEGGIES</p>	<p>9/25  PIZZA</p>	<p>9/26  FISH STICKS, RICE &amp; VEGGIES</p>	<p>9/27  BROWN BAG LUNCH</p>
<p>9/30  NO SCHOOL</p>	<p>WELCOME</p>	<p>BACK TO</p>	<p>SCHOOL!!</p>	

