




WHAT'S FOR LUNCH? – JANUARY 2019

DAILY: Fresh salad bar, whole wheat bread, jelly, soy butter, seasonal fruit, cheese & yogurt (dairy days), low fat tuna (meat days). Please send only pareve snacks on meat days. We encourage students to try new foods and be diverse eaters.

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<p>Lisa Parker Director of Food Services (516) 487-8687 Ext.</p>	<p>1/1 HAPPY NEW YEAR</p>	<p>1/2 PIZZA</p>	<p>1/3 BAGELS, TUNA, EGGS, CHEESE & SOUP</p>	<p>1/4 BROWN BAG LUNCH</p>
<p>1/7 MAC 'N CHEESE MONDAY Rosh Chodesh</p>	<p>1/8 SCHNITZEL, ROASTED POTATOES & VEGGIES</p>	<p>1/9 PIZZA</p>	<p>1/10 FISH STICKS, RICE & VEGGIES</p>	<p>1/11 BROWN BAG LUNCH</p>
<p>1/14 BAKED ZITI</p>	<p>1/15 COLD CUTS & SOUP</p>	<p>1/16 PIZZA</p>	<p>1/17 VEGGIE NUGGETS & RICE</p>	<p>12/18 BROWN BAG LUNCH</p>
<p>1/21 MID-WINTER</p>	<p>1/22 VACATION</p>	<p>1/23 </p>	<p>1/24 NO</p>	<p>1/25 SESSIONS</p>
<p>1/28 PENNE ALLA VODKA & VEGGIES</p>	<p>1/29 MEATBALLS & BOW TIE PASTA</p>	<p>1/30 PIZZA BIRTHDAY CELEBRATIONS!</p>	<p>1/31 BAGELS, TUNA, EGGS, CHEESE & SOUP</p>	<p>Nicole Nassimi Old Mill Road Coordinator (516) 487-9163 Ext. 229</p>

