

Welcome to the NSHA / NSHAHS 15th Annual
SUMMER OUTING & SOIRÉE

COME GET YOUR SUMMER ON!

SCHEDULE OF EVENTS

Golf

10:30 am: Registration, Brunch and Warm Ups
12:00 pm – 4:30 pm: All Day BBQ
1:30 pm: Shotgun Start
2:00 pm: Beginners Golf Clinic

Tennis, Fitness and Spa

Women's

9:30 am: Registration and Breakfast
10:00 am – 5:00 pm: Spa
10:00 am – 12:00 pm: Tennis Drills and Free Play for all Levels
11:00 am – 12:00 pm: Beginners Tennis Clinic
11:15 am: SWEATSESSION with Candie Zar
12:00 pm: Lunch
12:00 pm – 4:00 pm: Boutique Shopping
2:00 pm: Poolside Yoga with Pia Shlomo

Men's

2:00 pm: Registration
2:30 pm – 5:00 pm: Tennis

Card Games and Mahjong

9:30 am and 2:00 pm: Registration
10:00 am – 12:30 pm, 2:30 pm – 5:00 pm: Card Games/ Mahjong Lessons
10:00 am - 12:30 pm: Coaching by Canasta 4 You!

Pool

10:30 am – 12:30 pm: Men's Swim
1:00 pm – 5:00 pm: Women's Swim

Evening

6:00 pm: New Family Cocktail Hour Meet and Greet
6:30 pm: Cocktail Hour
7:30 pm: Dinner Buffet, Open Bar, Awards Program, Raffle and Auction
8:30 pm: Entertainment