



WHAT'S FOR LUNCH? – NOVEMBER 2017

DAILY: Fresh salad bar, whole wheat bread, jelly, soy butter, seasonal fruit, cheese & yogurt (dairy days), low fat tuna (meat days). Please send only pareve snacks on meat days. We encourage students to try new foods and be diverse eaters.

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<p>Lisa Parker Director of Food Services (516) 487-8687 Ext. 129</p>	<p>Esther Elian Old Mill Road Coordinator (516) 487-9163 Ext. 229</p>	<p>11/1 PIZZA</p>	<p>11/2 LASAGNA & VEGGIES</p>	<p>11/3 BROWN BAG LUNCH or PTA PIZZA ONLINE PURCHASE</p>
<p>11/6 MAC N CHEESE MONDAY</p>	<p>11/7 MEATBALLS & BOW-TIE PASTA</p>	<p>11/8 PIZZA</p>	<p>11/9 TUNA, BAGELS, CHEESE, EGGS & SOUP</p>	<p>11/10 SCHOOL CLOSED</p>
<p>11/13 PENNE A LA VODKA & SOUP</p>	<p>11/14 BBQ CHICKEN, POTATOES VEGGIES</p>	<p>11/15 PIZZA</p>	<p>11/16 GRILLED CHEESE & SOUP</p>	<p>11/17 BROWN BAG LUNCH or PTA PIZZA ONLINE PURCHASE</p>
<p>11/20 BAKED ZITI & BROCCOLI</p>	<p>11/21 COLD CUTS SANDWICHES & SOUP</p>	<p>11/22 PIZZA</p>	<p>11/23 SCHOOL CLOSED</p>	<p>11/24 SCHOOL CLOSED</p>
<p>11/27 VEGGIE CUTLETS RICE & VEGGIES</p>	<p>9/26 SCHNITZEL, YELLOW RICE & VEGGIES</p>	<p>9/27 PIZZA BIRTHDAY CELEBRATIONS!</p>	<p>9/28 TUNA, BAGELS, CHEESE, EGGS & SOUP</p>	