



WHAT'S FOR LUNCH? – OCTOBER 2017

DAILY: Fresh salad bar, whole wheat bread, jelly, soy butter, seasonal fruit, cheese & yogurt (dairy days), low fat tuna (meat days). Please send only pareve snacks on meat days. We encourage students to try new foods and be diverse eaters.

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
10/2 MAC N CHEESE MONDAY	10/3 COLD CUT SANDWICHES	10/4 SCHOOL CLOSED	10/5 SCHOOL CLOSED	10/6 SCHOOL CLOSED
10/9 PIZZA	10/10 HOT DOGS, HAMBURGERS & CORN	10/11 SCHOOL CLOSED	10/12 SCHOOL CLOSED	10/13 SCHOOL CLOSED
10/16 VEGGIE CUTLETS, BROCCOLI & RICE	10/17 MEATBALLS & BOW TIE PASTA	10/18 PIZZA	10/19 TUNA, BAGELS & CHEESE	10/20 BROWN BAG LUNCH
10/23 BAKED ZITI & BROCCOLI	10/24 CHICKEN LEGS, POTATOES & VEGGIES	10/25 PIZZA BIRTHDAY CELEBRATIONS!	10/26 FELAFEL, BOUREKAS & ISRAELI SALAD	10/27 BROWN BAG LUNCH
10/30 BAKED FISH, RICE & BROCCOLI	10/31 SCHNITZEL, RICE & VEGGIES		Lisa Parker Director of Food Services (516) 487-8687 Ext. 129	Esther Elian Old Mill Road Coordinator (516) 487-9163 Ext. 229