

## WHAT'S FOR LUNCH? - SEPTEMBER 2017

DAILY: Fresh salad bar, whole wheat bread, jelly, soy butter, fruit, cheese & yogurt (dairy days), low fat tuna (meat days). Please send only pareve snacks on meat days. If you have any dietary or allergy concerns, please contact Mrs. Lisa Parker.

| MONDAY  | TUESDAY  | WEDNESDAY                                   | THURSDAY                               | FRIDAY                                       |
|---|--|---|--|--|
| Lisa Parker<br>Director of Food Services<br>(516) 487-8687 Ext. 129 | Esther Elian<br>Old Mill Road Coordinator<br>(516) 487-9163 Ext. 229 | 8/30  | 8/31                                   | 9/1  |
| 9/4<br>SCHOOL CLOSED  | 9/5<br>CHICKEN LEGS<br>POTATOES<br>VEGGIES                           | 9/6<br>PIZZA                                | 9/7<br>PENNE A LA VODKA                | 9/8<br>BROWN BAG LUNCH<br>(DAIRY OR PAREVE)  |
| 9/11<br>MAC N CHEESE<br>MONDAY                                      | 9/12<br>SCHNITZEL<br>YELLOW RICE<br>VEGGIES                          | 9/13<br>PIZZA                               | 9/14<br>TUNA, BAGELS, CHEESE<br>& EGGS | 9/15<br>BROWN BAG LUNCH<br>(DAIRY OR PAREVE) |
| 9/18<br>FALAFEL<br>BOUREKAS<br>ISRAELI SALAD                        | 9/19<br>MEATBALLS<br>BOW-TIE PASTA<br>VEGGIES                        | 9/20<br>SCHOOL CLOSED                       | 9/21<br>SCHOOL CLOSED                  | 9/22<br>SCHOOL CLOSED                        |
| 9/25<br>VEGGIE CUTLETS<br>RICE<br>BROCCOLI                          | 9/26<br>BURGERS<br>TATER TOTS  | 9/27<br>PIZZA<br>SEPT BDAY<br>CELEBRATIONS! | 9/28<br>LASAGNA<br>BROCCOLI            |  |