

# NORTH SHORE HEBREW ACADEMY LUNCH MENU

# JANUARY 2017

We encourage students to try new foods and eat the lunch that is provided. We provide alternatives for those children who do not care for the daily lunch choice. On dairy days, we offer yogurt, whole grain cereal, cheese or soy butter sandwiches. On meat days, there is low fat tuna salad. Salad bar and seasonal fruit are offered daily. Please send only pareve snacks with your children on days when meat is being served.

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
1/2 <b>NO SCHOOL</b>	1/3 SCHNITZEL, POTATOES & VEGGIES	1/4 <b>PIZZA</b>	1/5 BAKED FISH, RICE & BROCCOLI	1/6 BROWN BAG LUNCH (DAIRY OR PAREVE) OR PTA PIZZA FOR PURCHASE
1/9 MAC & CHEESE MONDAY	1/10 BURGERS & TATER TOTS	1/11 <b>PIZZA</b>	1/12 TUNA, BAGELS, CHEESE, EGGS & SOUP	1/13 BROWN BAG LUNCH (DAIRY OR PAREVE) OR PTA PIZZA FOR PURCHASE
1/16 FALAFEL, BOREKAS & ISRAELI SALAD	1/17 MEATBALLS, BOW TIE PASTA	1/18 <b>PIZZA</b> JANUARY B'DAY CELEBRATIONS	1/19 BAKED ZITI & SOUP	1/20 BROWN BAG LUNCH (DAIRY OR PAREVE) OR PTA PIZZA FOR PURCHASE
1/23 <b>NO SCHOOL</b>	1/24 <b>NO SCHOOL</b>	1/25 <b>NO SCHOOL</b>	1/26 <b>NO SCHOOL</b>	1/27 <b>NO SCHOOL</b>
1/30 VEGGIE CUTLETS, RICE & VEGGIES	1/31 BBQ CHICKEN & RICE	LISA PARKER Food Services Director 516-487-8687 x129	ESTHER ELIAN OLD MILL COORDINATOR 516-487-9163 X229	NORTH SHORE HEBREW ACADEMY ישיבת חוף הצפון

We need your help serving lunch. Please volunteer, whether you are available one day a week, a month or all year! Call or email the lunch captain in charge of the day you can help. We greatly appreciate it! Thank you!