



WHAT'S FOR LUNCH? – OCTOBER 2018

DAILY: Fresh salad bar, whole wheat bread, jelly, soy butter, seasonal fruit, cheese & yogurt (dairy days), low fat tuna (meat days). Please send only pareve snacks on meat days. We encourage students to try new foods and be diverse eaters.

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
	10/3	10/3	10/4	10/5
		PIZZA	BAGELS, TUNA, CHEESE, EGGS, SOUP	BROWN BAG LUNCH
10/8	10/9	10/10	10/11	10/12
MAC N CHEESE MONDAY	SHNITZEL, RICE & VEGGIES	PIZZA	VEGGIE CUTLETS & RICE	BROWN BAG LUNCH
10/15	10/16	10/17	10/18	10/19
FISH STICKS, RICE & VEGGIES	MEATBALLS & BOW TIE PASTA	PIZZA BIRTHDAY CELEBRATIONS!	LASAGNA & VEGGIES	BROWN BAG LUNCH
10/22	10/23	10/24	10/25	10/26
BAGELS, TUNA, CHEESE, EGGS, SOUP	BBQ CHICKEN, POTATOES & VEGGIES	PIZZA	BAKED ZITI	
10/29	10/30	10/31		
PENNE ALLA VODKA	BURGERS & TATER TOTS		Nicole Nassimi Old Mill Road Coordinator (516) 487-9163 Ext 229	Lisa Parker Director of Food Services (516) 487-8687 Ext. 129