

WHAT'S FOR LUNCH? – NOVEMBER 2018

DAILY: Fresh salad bar, whole wheat bread, jelly, soy butter, seasonal fruit, cheese & yogurt (dairy days), low fat tuna (meat days). Please send only pareve snacks on meat days. We encourage students to try new foods and be diverse eaters.

| MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY |
|---|--|--|--|---|
| <p>Lisa Parker Director of Food Services (516) 487-8687 Ext. 129</p> | <p>Nicole Nassimi Old Mill Road Coordinator (516) 487-9163 Ext 229</p> | | <p>11/1 VEGGIE NUGGETS, RICE & VEGGIES</p> | <p>11/2 BROWN BAG LUNCH</p> |
| <p>11/5 MAC N CHEESE MONDAY</p> | <p>11/6 SCHNITZEL, RICE & VEGGIES Early Dismissal – Old Mill</p> | <p>11/7 PIZZA</p> | <p>11/8 BAGELS, TUNA, CHEESE, EGGS, & SOUP</p> | <p>11/9 BROWN BAG LUNCH</p> |
| <p>11/12 NO SCHOOL</p> | <p>11/13 BBQ CHICKEN, RICE & VEGGIES</p> | <p>11/14 PIZZA</p> | <p>11/15 BAKED ZITI</p> | <p>11/16 BROWN BAG LUNCH</p> |
| <p>11/19 FISH STICKS, RICE & VEGGIES</p> | <p>11/20 MEATBALLS & BOW TIE PASTA</p> | <p>11/21 PIZZA BIRTHDAY CELEBRATIONS!</p> | <p>11/22 NO SCHOOL</p> | <p>11/23 NO SCHOOL</p> |
| <p>11/26 BAGELS, TUNA, CHEESE, EGGS, SOUP</p> | <p>11/27 COLD CUTS & SOUP</p> | <p>11/28 PIZZA</p> | <p>11/29 LASAGNA & VEGGIES Early Dismissal–Cherry La</p> | <p>11/30 BROWN BAG LUNCH</p> |