

NORTH SHORE HEBREW ACADEMY  
EXPOSURE NOTICE

**PEDICULOSIS**

(Head Lice)

Date \_\_\_\_\_

Dear Parent:

Your child may have been exposed to Pediculosis. Head Lice consists of lice (bugs) and nits (eggs). It is transmitted through direct contact with infected individuals. Please note sharing of clothing, combs, brushes, hairpieces, beds, hats, kippahs, etc. may also result in transmission.

The common symptom is scratching of the head. For girls it is usually found around the back of the ears and for boys on the top of the head. It may take as long as two weeks for a person to notice the intense itching.

Pediculosis can be spread as long as lice (bugs) or nits (eggs) remain alive on the infected person or clothing.



Please check your child's head for nits or lice. Nits look like dandruff but are tightly bound to the hair.

**Please notify the School Nurse if your child is diagnosed with Head Lice.**

If you have any questions please **click on** the [DOH Pediculosis Fact Sheet Link](#) below:

[http://www.health.ny.gov/diseases/communicable/pediculosis/fact\\_sheet.htm](http://www.health.ny.gov/diseases/communicable/pediculosis/fact_sheet.htm)

- If you don't know how to check for lice "[You Tube](#)" has many videos on how to check for lice and what lice and nits look like.

Treatment Options:

1. Our recommended treatment is on the NSHA web site. Please follow the instructions carefully and finish the process. If you do not, your child may stay out of school longer than necessary.
2. While we think it unnecessary, there are a number of places that will detect and remove lice (please note that NSHA does not endorse any particular company).
  - [www.Deliceful.com](http://www.Deliceful.com)
  - [www.FairyLiceMothers.com](http://www.FairyLiceMothers.com)
  - [www.Licecops.com](http://www.Licecops.com)
  - [www.Licenders.com](http://www.Licenders.com)
  - [www.LiceTamers.com](http://www.LiceTamers.com)