

COURSE CATALOGUE



North Shore Hebrew Academy Mercaz After School Activities

2016/2017 COURSE CATALOGUE

Dear Parents,

The following packet includes the PreK-Grade 5 Monday-Friday second semester programs as well as the K-Grade 3 Sunday spring programs that Mercaz After School Activities will be providing. The second semester of Monday-Thursday classes begins on 1/30/17 and Friday classes including PreK Little Leaguers begin on 2/3/17. If you signed up for one of our programs for a full year, then you are already registered.

In order to guarantee a spot for your child, please fill out the enclosed registration forms, and send them along with a check made out to NSHA to the attention of Coach Hall. You can also find this information on the school website: www.nsha.org/life-nsha/mercaz-asa/. Students cannot attend class without a check paid in full in advance.

Please note: Due to scheduling, if you wish to sign your child up for the 2nd semester, please do so in a timely fashion. Signing up your child the day of the class does not guarantee the registration information will be received, so please sign up in advance to ensure proper registration and no missed classes. In addition, signing up in a timely fashion will ensure your child gets home properly whether it be on the late bus or pick up.

If there happens to be a last minute change to your child's regular ASA bus/pick up routine, please email cherrylanepickup@nsha.org or email or call Coach Hall directly (mhall@nsha.org or 516-487-8687 x151) so ensure the message is received and your child gets home safely.

I look forward to seeing you and your children enjoying our wonderful Mercaz ASA programs for the second half of the year.

Coach Mitchell Hall
Mercaz ASA Director

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2016/2017 COURSE CATALOGUE

Please refer to registration forms for session dates for Sunday and Friday activities.

Sunday 10:00am-11:00am Grade 2 & 3 | 11:00am-12:00pm Grade 1 | 12:00pm-1:00pm Grade K | (Jan-Mar)

BASKETBALL LEAGUE - Our program is designed to teach the fundamentals of basketball in a fun and safe way. Students will learn skills and play games with a focus on sportsmanship & teamwork.

Sunday 10:00am-11:00am Grade K | 11:00am-12:00pm Grade 1 | 12:00pm-1:00pm Grades 2 & 3 | (Apr-May)

BASEBALL LEAGUE - Our program is designed to teach the fundamentals of Baseball in a fun and safe way. Participants will learn proper mechanics, rules, & positions from professional coaches.

Monday 3:15-4:15

TOP CHEF - K & 1st Grade boys and girls will get their hands dirty and learn how to bake/cook like a pro. This class is geared for the beginner chef/baker. Our head chefs will teach students to make holiday themed treats in addition to new, tasty and exciting food.

SPORTSCENTER - 1st Grade boys and girls will engage in their love for sports, games and events. This class is designed for your child to stay active, learn new sports and spend time with their friends in a fun and safe environment.

THEATER - 2nd and 3rd Grade boys and girls will bring their inner actor/actress to the stage of Cherry Lane. Back for his second year at NSHA, Matthew Dean Wood will help performing arts centered students discover their creative and expressive sides. Do we have any future Broadway stars at NSHA?

HOMEWORK HELPERS (ENGLISH) - 1st-3rd Grade boys and girls. Students will receive extra help with their English homework. Our goal is to have students complete their homework in school under the watchful eye of a teacher in a quiet classroom setting.

Monday 4:15-5:15

IRON CHEF - 4th-5th Grade boys and girls who have already taken baking are encouraged to take this class as the next step in the cooking process. Students will compete, learn and explore the fun side of cooking as they create culinary masterpieces.

BOYS BASKETBALL - is your 4th-5th Grade son serious about basketball? This class will prepare your child up for the next level of competition. Learn the ins and outs of the game of basketball with our knowledgeable coaches. March Madness style tournaments and teams will compete throughout the semester to earn the title of best basketball players at Cherry Lane. Have your son be the reason more championship banners are hung in the Cherry Lane gym!

Tuesday 3:15-4:15

SPORTSCENTER - Kindergarten boys and girls who love sports will truly love this class! This program is designed for students to continue to develop athletically focusing on spatial awareness, motor coordination, hand eye coordination, body control team work and fun with their friends!

CHESS - This class is designed for the curious, the experienced and the Chess Master 1st-3rd Grade boys and girls to test their skills and compete against their friends. Our Chess teacher Simon has graph displays which help children understand what each chess piece does, how it should be moved and how to formulate strategies to always have you thinking 2 or 3 steps ahead.

CROSSFIT - Jump! Sweat! Move! This high energy class is carefully designed for 1st-3rd Grade boys and girls to get fit. Students will learn how to properly perform a variety of exercises and understand what it takes to have a good workout while having fun. They will be guaranteed to come home tired but happy.

POWER OF S.T.E.A.M. - 1st-3rd Grade boys and girls. Science! Technology! Engineering! Art! Math! Climb on board and move Full STEAM Ahead! This Abakadoodle art journey is filled with scientific discoveries, super cool technology, fabulous math connections and more! We'll travel from Beatrix Potter's illustrations to Leonardo Fibonacci's remarkable numbers discovery and make many stops along the way. Try your hand at robotics and draw at the same time! Learn lots of geometry while paint flows, compasses twirl, and straight lines show the unexpected. There is so much to try and learn on this journey. Come along and don't miss it!

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2016/2017 COURSE CATALOGUE

Tuesday 4:15-5:15

GIRLS BASKETBALL - Is your 4th or 5th Grade daughter serious about basketball? This class will gear your child up for the next level. Learn the ins and outs of the game of basketball with our knowledgeable coaches. March Madness style tournaments and teams will compete throughout the semester to compete for the title of best basketball players at Cherry Lane. All skill levels welcome. Have your daughter be part of the reason more Championship banners are hung in the Cherry Lane gym!

Wednesday 3:15-4:15

KRAV MAGA - Israeli Self Defense is a variety of Judo, Boxing, Wrestling and Aikido-all combined to make up Krav (combat) Maga (contact). K-1st Grade boys and girls who are interested in this form of martial arts are encouraged to sign up. Taught by professional instructors this class instills basic principles of self-control and confidence into your child.

TOP CHEF - 2nd-3rd Grade boys and girls who love to bake/cook and get their hands dirty in the kitchen are encouraged to sign up for this class. Our revamped program will help children explore the foods they love, discover foods from their heritage and enjoy holiday themed treats.

SPORTSCENTER - 2nd Grade boys and girls. If sports is what your child loves, then this class is for them. Each week students will engage in a different sport with the focus on fun, teamwork, sportsmanship and some friendly competition.

JEWELRY MAKING - 1st-3rd Grade girls. NSHA's Jewelry specialist Ofra Levine is back! Lower grade girls will learn the art of jewelry making. Students will design and piece together a variety of beautiful jewelry throughout the semester that they can wear and bring home. Ofra specializes in bringing out children's creative side and even helps the students design holiday themed jewelry and wares.

COCO DANCE - Gold Coast Famous Coco is back at NSHA for her 2nd year of teaching Hip Hop Dance. 1st-3rd Grade girls will learn a variety of dance moves, techniques and styles of dance as well as increase muscle strength and stamina along the way.

Wednesday 4:15-5:15

SPORTSCENTER - Each week 4th-5th Grade boys will engage in a different sport with the focus on fun, teamwork, sportsmanship and some friendly competition. Sports include but are not limited to flag football, baseball, floor hockey, basketball, volleyball and much more.

Thursday 3:15-4:15

SPORTSCENTER - 3rd Grade boys and girls. If sports is what your child loves, than this class is for them. Each week students will engage in a different sport with the focus on fun, teamwork, sportsmanship and some friendly competition.

WOODWORKING - 2nd-3rd Grade boys and girls. Ever hear of Property Brother or Home Improvement? If your kids enjoy these shows, this class is for your child. Students will learn how to build and piece together a variety of projects throughout the semester and learn to be handy around the house. Holiday themed projects include building a Menorah and even a Mezuzah.

HOMEWORK HELPERS (HEBREW) 1st-3rd Grade boys and girls will receive extra help with their Hebrew homework. Our goal is to have students complete their homework in school under the watchful eye of a morah in a quiet classroom setting.

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2016/2017 FRIDAY COURSE CATALOGUE

PreK Little Leaguers 12:45-2:00

Our program teaches the fundamentals of sports in a fun and safe way. Participants will learn skills, rules, positions, and play games with a focus on sportsmanship & teamwork.

Grades K-5 Friday classes 1:15-2:30

There is no busing available on Fridays. Students must be picked up promptly at 2:30 at Cherry Lane.

Bricks4Kidz - Bricks4Kidz™ Mercaz ASA classes build on the popular LEGO® bricks to deliver high-quality educational play. Each class is an engaging experience for your child with a new project each week. Our unique models aren't the kits you find on the shelves of a toy store. They're designed by Bricks4Kidz™ to teach concepts across a variety of subject areas. We kick things off with a discussion about key concepts related to the model, then get right into the building. Working with a partner, your child will experience the hands-on fun of seeing a model come together piece-by-piece, from concept to completion – and it's motorized!

***The first 9 week semester is strictly for Grades K-2 students.**

There are a maximum of 12 students allowed to register for this class. First come first serve basis.

***The second 9 week semester is designed for Grades 3-5 students.**

There are a maximum of 12 students allowed to register for this class. First come first serve basis.

Fun Fencing - (4th-5th Boys and Girls) With over 45 years of world wide experience, Vladimir Gofman is back at Cherry Lane for his 3rd year of Fencing! Vladimir has coached the National Team and Olympic teams in Russia and Belarus. Vladimir aims to bring a new love of fencing to students of all ages and skill levels. Space is very limited for this class.

Computer Programming - Coding-Through a nine week program, children will be exposed to a variety of programming languages including basic coding, Blockly, as well as the more sophisticated, Python and Java. After a two week introduction, children will begin to work on individual projects geared toward individual coding experience. Ultimately, children will create a game, story, or drawing through code.

***The first 9 week semester is strictly for Grades 3-5 students.**

There are a maximum of 12 students allowed to register for this class. First come first served basis.

***The second 9 week semester is designed for Grades K-2 students.**

There are a maximum of 12 students allowed to register for this class. First come first served basis.